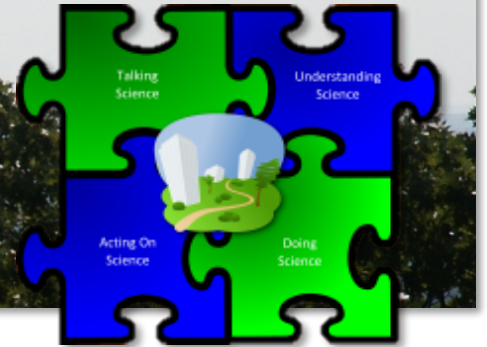


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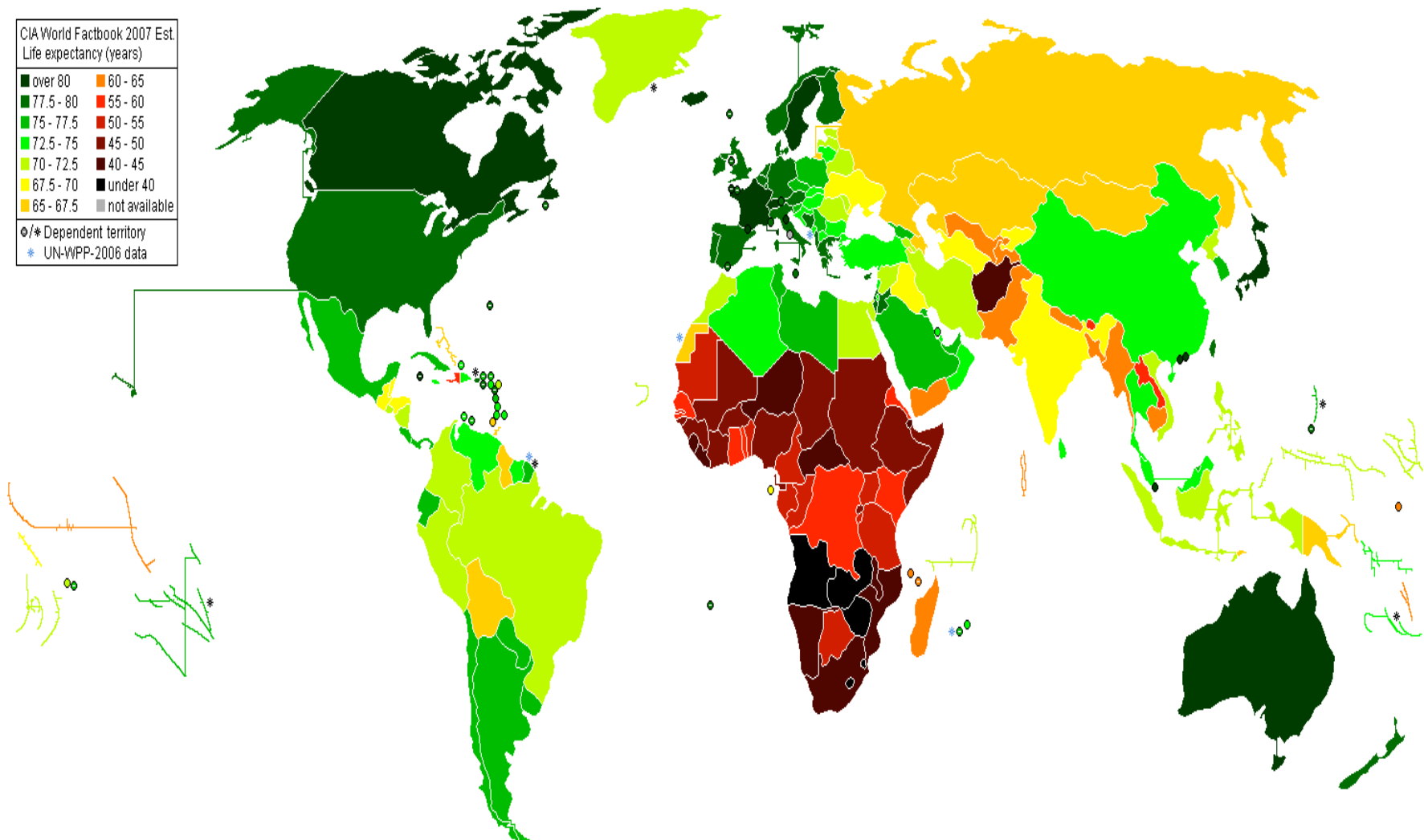
Environment, Choice, and Health

Module 5 Lesson 2



This material is based on work supported by the National Science Foundation ("NSF") under Grant No. 0607010. Any opinions, findings, and conclusions or recommendations expressed in this material are those of the authors and do not necessarily reflect the views of the National Science Foundation.

Life Expectancy (years) – CIA World Factbook 2007



Factors Influencing the Health of a Population

- Access to resources and technology.
 - Food
 - Sanitation and Sewage Treatment
 - Medicine – i.e. antibiotics, medical procedures
- Culture
 - the characteristic features of everyday existence shared by people in a place or time (Merriam-Webster's Online Dictionary)

American Culture

- What are some characteristics of American culture that might influence health?

Japanese American Study

(Marmot & Syme, 1976)

- Japanese Americans that had taken on American habits including diet were more likely to get cardiovascular disease than those individuals that retained their Japanese habits.

Different cultures – Different norms

The following pictures depict typical weekly food consumption for families of different countries.

What do you notice?

Making it Personal

In the next activity, you will think about your own habits and how culture may or may not influence your decisions.