

LMU|LA Study Abroad

Study Abroad Budget Worksheet (Summer Programs)

In order to determine the approximate total cost of your summer abroad program, consider your budget for the items listed below. *This is a list of possible expenses and is not meant to be all-inclusive. While this is a good tool to review expenses, we are not able to guarantee that this will be the final cost as many items are estimates.*

Summer Program Costs Paid to LMU

Summer Program Fee

(Check the Program Costs section on the program brochure page online)

\$ _____

Study Abroad Application Fee of \$100

\$ _____

Applicable Financial Aid

(Summer programs have limited aid available.)

\$ - _____

TOTAL PAYMENT DUE TO LMU:

\$ _____

Possible Costs Prior to Studying Abroad (not included in payment to LMU)

Passport

Check the U.S. Department of State website for new/renewal application instructions and fees for U.S. citizens. Passports must be valid for at least 6 months after the program end date.

\$ _____

Student Visa

Each country has different visa fees and procedures that can change at any time. Check the Consulate website of the host country for specific costs.

\$ _____

Round-trip Flight

Budget \$800 - \$2,200 depending on destination. Check airline website for extra baggage fees. Review student travel websites, such as STA Travel, for student discounted flights.

\$ _____

Health Insurance/Immunizations

Check your program for health insurance and/or immunization requirements.

\$ _____

Travel Gear

Backpack, first aid kit, money/passport belt, adapter, rain/snow gear, etc.

\$ _____

Lab Fees

Some courses require additional fees for materials, excursions, or labs that are not included in your Study Abroad Program Fee.

\$ _____

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Possible Costs While Abroad (not included in payment to LMU)

Local Transportation

Varies by location and city size. Budget \$10 - \$30 per week. Review program website to see inclusions.

(\$ _____)

Meals

If a meal plan is not included in the program, budget \$75 - \$100 per week for groceries, as the cost is comparable at most international destinations. Buying groceries and cooking tends to be cheaper than eating out at restaurants.

(\$ _____)

Textbooks

Estimate what you would normally spend on books each semester. Inquire if textbooks are free to check out at the host institution library.

(\$ _____)

Daily Living & Local Cultural Activities

Suggested budget of \$50 - \$200 per week. Understand what is included in your program such as laundry and cell phone plans abroad. Check www.expatistan.com for cost of living comparisons. Many programs include free weekly cultural activities and trips that can help you save money.

(\$ _____)

Independent Travel and Additional Spending Money

Take into account independent travel within host country and to other cities and countries.

(\$ _____)

Additional Scholarships

Students can apply for non-LMU study abroad scholarships through foundations and government programs. If awarded, scholarship awards can range between \$500 and \$5,000. Check the Study Abroad website for [additional scholarships](#).

(\$ - _____)

TOTAL POSSIBLE COSTS:
(NOT INCLUDED IN PAYMENT TO LMU):

(\$ _____)

TOTAL ESTIMATED STUDY ABROAD COST:
(PAYMENT DUE TO LMU AND POSSIBLE COSTS)

(\$ _____)
